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**PHYSICOCHEMICAL AND HEAVY METALS CONTENT IN STINGLESS HONEY  
HETEROTRIGONA ITAMA CULTIVATED FROM SAMARINDA, EAST KALIMANTAN,  
INDONESIA**

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**ABSTRACT**

The quality of honey without stings can be seen from its physical, chemical properties and the absence of heavy metals. The purpose of this study was to evaluate the physicochemical and heavy metals content of *Heterotrigona itama* stingless honey at a specific location in Samarinda City, East Kalimantan. The research method used a one-factor completely randomized design. To find out the effect of treatment from the location of honey, it was analyzed using ANOVA and the smallest significant difference was at the 5% level. The results showed that *H. itama* honey from Tanah Merah village cultivated in Samarinda had physical properties favored by Fanelis for 92% color and 88% aroma, and 75% taste for *H. itama* honey from Gunung Lingai Village. Chemical properties of reducing sugar content of 64.37%, sucrose 4.55%, total dissolved solids 69.42%, the highest pH 2.86 and 0.19% the lowest ash content were obtained from *H. itama* honey from Gunung Lingai, and the water content was 31, 68% the lowest was for *H. itama* honey from Tanah Merah village. All *H. itama* honey from three cultivated locations in Samarinda did not detect any heavy metals content.

**KEY WORDS**

Chemical properties, *H. itama*, heavy metals, physical properties.

Broadly speaking, honey bee stings can be divided into two types, namely stinging honey bees and stingless honey bees. There are many types of stingless honey bees (*Trigona* spp.): *Trigona itama*, *Trigona apicalis*, *Trigona dreschari*, *Trigona fuscibasis*, *Trigona fuscobalteata*, *Trigona onsica*, *Trigona laeviceps*, *Trigona terminata* (Syafrizal et al., 2012). *Heterotrigona itama* and *Geniotrigona thoracica* are stingless bees from six states on the West Coast of Malaysia (Selvaraju et al., 2019). *Heterotrigona itama* and *Trigona binghami* are from Sarawak Malaysia (Wong et al., 2019). The *Heterotrigona itama* bee, also known as Kululut, is a species of stingless bee in Malaysia, Teluk Intan Malaysia (Rahim et al., 2018; Kek et al., 2017). *Heterotrigona itama* spp from coastal areas in Kelantan and Terengganu Malaysia (Hasali et al., 2018).

*T. itama* or *Heterotrigona itama* are mostly cultivated in East Kalimantan such as Sangatta, Samarinda, Kutai Kartanegara, Balikpapan, North Panajam Paser, Paser and Tarakan for North Kalimantan (Saputra et al., 2019; Syafrizal et al., 2020). The results of *Trigona* spp cultivation can be in the form of honey, pollen and propolis from honey bee nests. The main product of *Trigona* spp cultivation is honey. In general, honey contains chemical compounds such as water, sugar, sucrose, fructose, carbohydrates, protein, minerals and the possibility of heavy metal content. *Heterotrigona itama* or *Trigona itama* originating from five regions in East Kalimantan, Paser, North Panajam Paser, Balikpapan, Kutai Kartanegara and Samarinda (Kampung Rimbawan) contained water chemical compounds 30.80-33.67%, reducing sugar 85 -90%, sucrose 1.82-4.57%, non-detection heavy metal (nd)-0.01 mg/L (Saputra et al., 2019). How is the physicochemistry and heavy metal content of *Heterotrigona itama* stingless honey found in several specific locations in Samarinda City, East Kalimantan. The purpose of this study was to evaluate the physicochemical and heavy metal content of *Heterotrigona itama* stingless honey at a specific location in Samarinda City, East Kalimantan.

## METHODS OF RESEARCH

*H. itama* honey was obtained from cultivation in three locations, namely Tanah Merah Village, Gunung Lingai Village and Lubuk Sawah Village, North Samarinda District, Samarinda City, East Kalimantan. Honey obtained from the cultivation site is packaged in plastic bottles and then distributed to the laboratory for analysis. Several parameters were analyzed by chemical compounds and heavy metal content in *H. itama* honey in the form of reducing sugar content, sucrose content, total dissolved solids, pH, water content, ash content and heavy metals Pb, Cd, Hg, As. The experimental design used in this study was a one-factor completely randomized design, namely the origin of the honey sample as a treatment. To find out the effect of the treatment, it was analyzed using ANOVA and if there was an effect, the analysis continued with the smallest significant difference at the 5% level. Parameters analyzed were reducing sugar content, sucrose content, total dissolved solids, pH, water content, ash content and. The average value of heavy metal analysis results was compared between treatments.

## RESULTS AND DISCUSSION

Physical properties of *Heterotrigona itama* honey from three cultivated locations in Samarinda are shown in Table 1.

Table 1 – The results of the analysis of the physical properties of *H. itama* honey

Origin location	Parameters (%)			SNI:8664:2018
	Color	Aroma	Taste	
Lubuk Sawah Village	76	80	68	Honey special color
Tanah Merah Village	92	88	60	Honey special aroma
Gunung Lingai Village	88	60	75	Honey special taste

Color, aroma and taste are physical properties of stingless honey which are the requirements of SNI: 8664: 2018 (BSN, 2018) with honey characteristics. The results show (Table 1) that 25 respondents stated that *H. itama* honey from three cultivated locations in Samarinda, both color (76-92%), aroma (60-88%) and taste (60-75%) were typical of honey (Table 1). SNI: 8664: 2018). Saputra et al (2019) Physical properties such as color, aroma and taste of *H. itama* honey from five cultivated areas in East Kalimantan ranged from 52-100% (color), 70-92% (aroma) and 56-88% (taste). This difference is caused by variations in the source of flower essence obtained by bees (Saputra et al., 2021).

Physical properties are components to indicate the quality of honey. The dark and light color of honey is influenced by the source of the nectar obtained. According to Suranto (2007), the light color of honey is preferred by consumers. *Heterotrigona itama* stingless bee honey has strong color sensory characteristics. Ferreira et al (2009) and Souza et al (2013) stated that monoflorate honey has a sensory (aromatic) taste for stingless honey (Stinglees bee). In addition, according to Ferreira et al (2009) physical sensory properties (aroma) in honey vary depending on plant origin, ripening time, weather and storage conditions. The taste of stingless honey is different from that of stinging honey. A slightly sweet sour taste (typical of honey) is a characteristic of *H. itama* honey with a pH range of 2.77-3.20 (Saputra et al., 2019). Honey without a sting has a distinctive taste (Compos et al., 2010; Sousa et al., 2013). The characteristic presence of stingless honey is due to the source of the nectar, the source of the flowers obtained (Belay et al., 2015; Silvano et al., 2014).

Some of the chemical properties of *H.itama* stingless honey in this study were reducing sugar content, sucrose content, total dissolved solids, pH, water content and ash content. In addition, an analysis of the metal content contained in *H. itama*. This chemical analysis can determine the quality of a honey such as reducing sugar content, sucrose content, total dissolved solids, pH, water content and ash content. The results of chemical analysis in this study are as shown in Table 2.

Table 2 – Chemical Parameters of *H. itama* Stingless Honey

Origin location	Parameters					
	Reducing sugar content (%)	Sucrose content (%)	Total dissolved solids (°Brig)	pH	Water content (%)	Ash content (%)
Lubuk Sawah Village	58,38 <sup>a</sup>	3,22 <sup>a</sup>	68,17 <sup>a</sup>	2,85	31,80 <sup>a</sup>	0,26 <sup>a</sup>
Tanah Merah Village	61,54 <sup>b</sup>	3,62 <sup>b</sup>	69,21 <sup>b</sup>	2,75	31,68 <sup>b</sup>	0,22 <sup>b</sup>
Gunung Lingai Village	64,37 <sup>c</sup>	4,55 <sup>c</sup>	69,42 <sup>b</sup>	2,86	31,85 <sup>a</sup>	0,19 <sup>c</sup>

The results of the analysis of variance from the location of *H. Itama* stingless honey showed a significant effect at the 5% level for the parameters of reducing sugar, sucrose content, total dissolved solids, water content, ash content and pH had no significant effect. The results of the further test of the smallest significant difference at the 5% level can be seen in table 2 where the numbers followed by the same letter show no significant difference.

The average value of reducing sugar content in *H. itama* honey from three cultivated locations in Samarinda showed a difference where the highest value of reducing sugar content was 64.37% from Gunung Lingai Village, followed by 61.54% from Tanah Merah Village and 58,38% of the Lubuk Sawah Village. The difference in the levels of reducing sugar from the three locations of origin of the honey is thought to be due to the different types of flower extract sources obtained. The results of the study of Saputra et al (2019) levels of reducing sugar *H. itama* from five cultivated areas in East Kalimantan, namely Kutai Kartanegara (51.58%), Samarinda Kampung Rimbawan (55.37%), Paser (59.56%), Balikpapan (60.93 %) and 63.68% from Panajam Paser Utara. Saputra et al (2021). states that different sources of flower essence will produce different reducing sugars found in honey from five regions in East Kalimantan. If viewed from the quality standard of the Indonesian National Standard SNI 8664:2018 (BSN, 2018) the minimum limit is 55%, the reducing sugar in *H. itama* honey to the three regions in Samarinda meets the requirements of SNI 8664:2018.

The average value of sucrose content in *H. itama* honey from the three cultivation locations in Samarinda showed different where the highest sucrose content value was in Gunung Lingai Village 4.55%, followed by Tanah Merah Village 3.62% and Lubuk Paddy Village 3.22%. The sucrose content of the three cultivated locations in Samarinda still meets the quality standard requirements of SNI: 8664: 2018 (BSN, 2018) of a maximum of 5%. The results of the study of Saputra et al (2019) stated that the sucrose content of *H. itama* honey from five cultivated areas in East Kalimantan also contained differences, namely Kutai Kartanegara 1.82%, Samarinda (Kampung Rimbawan) 2.79%, Paser Regency 3.82%, Panajam Paser Utara 4.14% and Balikpapan 4.57%. The level of sucrose in stingless honey is indicated to be small. This is also from the results of Chuttong et al (2016) stated that out of 28 samples of stingless honey, only five stingless honeys were detected to contain sucrose. Sucrose content of *H. itama* from Sarawak, Danga Dap. of  $0.04 \pm 0.30$  g/100 g (Wong et al., 2018).

The total dissolved solids of *H. itama* honey as shown in table 2 shows that there is a difference between the location of cultivation in Lubuk Sawah Village (68.17%) and honey from Tanah Merah Village (69.21%) and Gunung Lingai Village (69.42). This difference is thought to be due to the taking of different types of pollen sources. The range of total dissolved solids content in *H. itama* honey from three cultivated locations in Samarinda was 68.17%-69.42%. Saputra et al (2019) stated that the total dissolved solids content of *H. itama* honey cultivated from five regions of East Kalimantan was 67.23%-69.77%. This value is similar to the total dissolved solids content in cultivated honey from three locations in Samarinda. Total dissolved solids is a combined measure of organic and inorganic substances contained in honey, ionized and micro molecules or suspended form (Khalil et al., 2012; Moniruzzaman et al, (2013). The variability of the total dissolved solids content in honey can be caused by the harvesting process, maintenance techniques and pollen obtained by bees (Folia et al., 2007).

The pH levels of honey from three cultivation locations did not differ from each other with a range of values from 2.75 to 2.86 (Table 2). As with the results of research by Saputra

et al (2019) stated that the pH of *H. itama* honey in five cultivated areas in East Kalimantan ranged from 2.77-3.20. *H. itama* honey has a low pH tendency. Honey contains gluconic acid which is the result of the breakdown of glucose by enzymes. There are other types of acids found in honey are acetic, butyric, formic, gluconic, lactic, malic, maleic, oxalic, pyroglutamic, citric, succinic, glycolic, ketoglutarate, pyruvate, 3-phosphoglycerate, -glycerophosphate and glucosephosphate acids (Suarez et al., 2010). The level of pH in honey can be useful in the resistance and stability of honey to attack microorganisms (Saputra et al., 2012).

The moisture content of *Heterotrigona itama* honey from three cultivated locations in Samarinda showed that the red soil honey content was different from the water content of honey from Lubuk Sawah Village and Gunung Lingai Village at the 5% level. The range of water content of the three cultivated locations was 31.68%-31.85%. As the results of research by Saputra et al (2019) that the moisture content of *H. itama* honey from five cultivated areas in East Kalimantan is above 30%, namely 30.80-31.67%. That East Kalimantan is a tropical rain forest area. Fitriani et al (2014) stated that the water content of honey originating from Indonesia is high this is due to the very high humidity level of the tropics, namely 60% -80%. In addition, honey has hygroscopic properties (Buba et al., 2013).

The ash content of *H. itama* honey from the three cultivated locations in Samarinda differed from one another (table 2). The ash content of the honey is still below SNI 8664:2018 with a maximum of 0.5% (BSN, 2018). Saputra et al (2019) stated that the ash content of *H. itama* cultivated from five regions in East Kalimantan ranged from 0.17-0.35%, where this ash content also still met the requirements of SNI 8664:2018 of a maximum of 0.5% (BSN, 2018). The ash content of *H. itama* from Malaysia is 0.22-0.41% (Bakar et al., 2017; Kek et al., 2017; Rahim et al., 2018). The factor that affects the ash content is the activity of foraging for honey in different regions (El Sohaimy et al., 2015).

The data from the analysis of heavy metals in *H honey* are as shown in Table 3.

Table 3 – Results of analysis of heavy metal content of *H. itama* honey

Origin location	Heavy metals (mg/L)				SNI:8664.2018 (mg/kg)
	Pb	Cd	Hg	As	
Lubuk Sawah Village	nd	nd	nd	nd	Pb =1,0 Cd = 0,2
Tanah Merah Village	nd	nd	nd	nd	Hg = 0,03
Gunung Lingai Village	nd	nd	nd	nd	As = 1,0

Description: non detected (nd).

In general, heavy metals in *H. itama* honey from three cultivated locations in Samarinda were not detected or contained no heavy metals (table 3). The absence of heavy metals in honey can be categorized as safe for consumption SNI: 8664:2018 (BSN, 2018). The results of the study of Saputra et al (2019) stated that in general the levels of heavy metals in *H. itama* honey from five cultivated areas in East Kalimantan ranged from non-detection to -0.01 mg/L but met SNI: 8664: 2018 (BSN, 2018). According to (Vogel, 1990) the characteristics of Pb metal are bluish-gray in color, have a fairly high density, are very soft and easily melt in concentrated HNO<sub>3</sub> solution, slightly soluble in HCl and H<sub>3</sub>PO<sub>4</sub>. Darmono (1995) stated that cadmium is absorbed by plants from the soil through the roots and circulated to the plant parts. Regarding mercury, Irianti and Tanti (2018) stated that inorganic mercury is commonly used for disinfectants. Rindoni et al (2020) stated that arsenic at low concentrations is found in soil, water, food and air.

## CONCLUSION

Based on the results of the study, it can be concluded that the physical properties of *H. itama* honey from the three cultivated locations in Samarinda were assessed by the typical honey fanelis, namely color 76-92%, aroma 60-88% and taste 60-75%. Chemical properties have reducing sugar content of 76-92%, sucrose content of 3.22-4.55%, total dissolved solids 68.17-69.42%, pH 2.75-2.86, water content 31.68-31.85% and 0.19-0.26% ash content. Heavy metal content was not detected.

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