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THE EFFECT OF IMPLEMENTING SUSTAINABLE FOOD YARD PROGRAM (P2L) ON HOUSEHOLD FOOD CONSUMPTION EXPENDITURES IN WOMEN FARMER GROUP AT PRABUMULIH CITY

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ABSTRACT

Food is the most basic need in the hierarchy of human life. This study aims to see the relationship between the implementation of the Sustainable Food Yard Program and household food consumption expenditures of the Women Farmer Group participating in the Sustainable Food Yard Program in Prabumulih City. To analyze the extent to which the implementation of the Sustainable Food Yard Program uses the Scoring Method and is analyzed descriptively and how is the relationship between the implementation of the Program and the reduction in food consumption expenditure costs using the Spearman Rank Correlation Test. The research was carried out from October to December 2021. The research method was carried out in the survey. Sampling used the Cluster method of Random sampling with a total of 100 respondents. Descriptive analysis shows that the implementation of the Sustainable Food Yard Program in Prabumulih City is the criteria for being quite successful. By using a paired t-test sig value is known. (2-tailed) of $0.000 < 0.05$ indicates that there is a difference in household consumption expenses for the Women Farmer Group before and after participating in the Sustainable Food Yard Program. The Spearman Rank Correlation Test shows a correlation coefficient of 0.268** meaning that the correlation level is quite strong.

KEY WORDS

Program implementation, food diversification, sustainable food yard program, farming women's groups, food self-sufficiency, consumption expenditure.

Land use change and population growth are inseparable. Where the higher population growth results in a higher occurrence of land conversion. The increase in consumption is directly proportional to the increase in population accompanied by urbanization of the population from villages to cities, thus it can be interpreted that the need for food in the future will become a very strategic need to meet human needs. According to Santana et al (2013), various main problems are faced in realizing food security such as faster growth in demand for food than production growth itself.

In carrying out their daily activities, humans need food, and food is a human need that absolutely must be met. (Saputro & Fidayani, 2020). Fulfillment of food is part of the human rights of every human being. The large proportion of the population experiencing transient food insecurity due to natural disasters and calamities, as well as chronic food insecurity and poverty experienced by the population are problems and challenges in increasing food security, food self-sufficiency, and community welfare that must be faced (Hapsari & Rudiarto, 2017).

To realize a healthy, active, and productive life, the Government and Regional Governments are obliged to realize the diversification of food consumption by the Law of the Republic of Indonesia Number 18 of 2012 to meet the nutritional needs of the community by local potential and wisdom (Sari & Irawati, 2020). The government is trying to realize food



diversity through the use of yards to increase the diversity and quality of community food consumption so that it is more diverse, nutritionally balanced, and safe to support healthy, active, and productive lives (Kurniawan et al., 2018). In realizing self-sufficiency in food, the government is committed to reviving the culture of planting in yards, both in urban and rural areas by involving households (Jayapura et al., 2021). Removing the culture of planting and managing yards for rural and urban communities is a challenge in itself for the government (Lestari et al., 2015). Food independence can be realized if all levels of society participate actively in development (Nurjannah et al., 2015).

Prabumulih City has an area of 456.89 km² of the area and a total yard area of 1,370.45 ha. Natural resources that have the potential to be developed in Prabumulih City are plantation, livestock, fishery, horticulture, and forestry businesses. Also various food crops such as grains, tubers, nuts, vegetables, fruits, and medicinal plants (BPS, 2021).

The Movement for the Acceleration of Diversification of Food Consumption (P2KP) has been implemented by the Government through the Center for Diversification of Food Consumption and Food Safety, the Food Security Agency of the Ministry of Agriculture since 2010 (Susilowati et al., 2020). To realize an increase in food diversification and the key to successful agricultural development in Indonesia, it needs to be implemented through the Diversification of Consumption and Food Security Movement (Hartono, 2016). With the implementation of the Sustainable Food Home Area model, it can contribute to savings in reducing household consumption costs for food, the wider the yard owned by the Women Farmer Group, the greater the expenditure on food that can be saved (Hanifah et al. 2014).

Prabumulih City has received financial assistance from the Sustainable Food Yard Program since 2012 originating from the APBN allocated in the Province in the form of deconcentration funds and the Regency/City as assistance task funds (DKP, 2021). This program is implemented in the framework of assisting the Government to address priority areas for stunting intervention and/or priority handling of food insecure vulnerable areas or strengthening food security areas, by utilizing existing resources such as idle land, community yards or vacant land that is no longer productive so that it can increase the production of food ingredients that can be used by households can also be sold to the market (Purwantini, 2016). The women who belong to the Women Farmers Group generally buy food for their daily needs from the shop or market where they live, so they have to pay for their daily needs. They have a yard where they live that can be used to grow plants that are useful for fulfilling family nutrition which can save household expenses.

Sustainable Food Yard Activity Program in Prabumulih City, it has been able to have a significant impact, this can be seen by the existence of this program as a motivation for the growth of new groups of female farmers around them who use the yards where they live to plant crops in the yards (DKP, 2021).

Sirnawati et al. (2015). seeds, seed sources, the number of sustainable food houses, crop-livestock integration, crop rotation, local food conservation, crop utilization, administration, and involvement of officials and markets have had a positive influence on increasing the success of implementing Sustainable Food Houses Areas on Sumatra Island.

Some of the women farming groups involved in land use activities in Prabumulih City have been farmers, housewives, entrepreneurs, nurses, teachers, and civil servants. With this activity, the women farmer groups have a dual role, namely as housewives who take care of their families and as members of the women farmer group who have activities in the agricultural sector to help reduce household food consumption expenditures through the use of their yards.

Based on this, research was carried out on the Effect of the Implementation of the Sustainable Food Yard Program (P2L) on household food consumption expenditures of the Women Farmer Group who participated in the program in Prabumulih City. The aims of this research are:

- Analyzing the the implementation of the Sustainable Food Yard Program (P2L) in Prabumulih City;



- Calculating the reduction in the cost of household food consumption expenses for the Women Farmer Group participating in the Sustainable Food Yard Program (P2L) in Prabumulih City;
- Analyzing the relationship between implementation of the Sustainable Food Yard Program (P2L) and reducing the cost of household food consumption expenditure for the Women Farmer Group participating in the Sustainable Food Yard Program (P2L) in Prabumulih City.

METHODS OF RESEARCH

The research was carried out in 4 (four) sub-districts within the Prabumulih City area, namely Rambang Kapak Tengah District, Karya Mulya Village, East Prabumulih District, Gunung Ibul Barat Village, Prabumulih Selatan District, Tanjung Raman Village, and Prabumulih Barat District, Patih Galung Village. The time of research was carried out from October to November 2021.

The sampling method was carried out using the Slovin formula. Where the group of female farmers who became the sample totaled 5 (five) groups with a total population of 134 female farmers, a confidence level of 95%, and an error tolerance limit of 5% ($e = 0.05$), the number of respondents was 100 respondents. The technique for taking this sample uses the *cluster random sampling method*.

To measure the level of implementation of the Sustainable Food Yard Program (P2L) using a scoring method with a Likert scale and descriptive analysis. The scores obtained are categorized into 3 categories with class intervals. P2L program implementation variables are seen from 4 aspects, namely: seeding aspect, institutional aspect, yard management aspect, and member participation.

Table 1 – Variables for the Assessment of the Implementation of the Sustainable Food Yard Program

No	Variable	Indicator
1.	Seed Aspect	1. Nursery 2. Development of demonstration plots 3. Development of members' yards
2.	Institutional Aspects	1. Involvement of village officials 2. Community leaders 3. Local government/private support
3.	Yard Management Aspects	1. Sustainable food houses 2. Utilization of harvest 3. Administrative Activities
4.	Participation of Members	1. Participation in activity planning 2. Participation in the implementation of activities 3. Participation in utilization

Source: 2020 P2L Government Assistance Technical Guidelines and Previous Research.

Based on data processing, the class interval values can be seen in the Table 2:

Table 2 – Class Interval Value

No.	Class interval score (Total score)	Class intervals (Per indicator)	Class intervals (Per question)	Criteria Score
1.	$72 \leq X \leq 120$	$6 \leq X \leq 10.99$	$1 \leq X \leq 1.66$	Not successful
2.	$120 < X \leq 168$	$10.99 < X \leq 14.99$	$1.66 < X \leq 2.32$	It just worked
3.	$168 < X \leq 216$	$14.99 < X \leq 18$	$2.32 < X \leq 3$	Succeed

To calculate the reduction in the cost of household food consumption expenditure for the group of women farmers participating in the sustainable food garden program (P2L) in Prabumulih City uses a paired-sample t-test. Paired-sample t-test is a hypothesis test where the distribution of the two sample data used is not independent or paired (Nuryadi, et al. 2017).

A significance value of <0.05 indicates that there is a significant difference between the



household food consumption expenditure of the Women Farmer Group before and after participating in the Sustainable Food Yard Program, while a significance value of > 0.05 indicates that there is no significant difference between the household food consumption expenditure of the Women's Group before and after participating in the Sustainable Food Yard Program.

To analyze the relationship between the Implementation of the Sustainable Food Yard Program (P2L) and household food consumption expenditure for the Women Farmer Group participating in the Sustainable Food Yard Program (P2L) in Prabumulih City used the Spearman Rank Correlation Test which was processed using the IBM SPSS Statistics version 26 program. In the Spearman correlation, the relationship between variables is measured based on the ranking of the original data. The interpretation of the Spearman correlation coefficient value according to Raharjo, S. (2017) can be described as follows:

1. 0.00 - 0.25 = very weak relationship;
2. 0.26 - 0.50 = enough relationship;
3. 0.51 - 0.75 = strong relationship;
4. 0.76 - 0.99 = very strong relationship;
5. Amount of 1 = perfect relationship.

RESULTS AND DISCUSSION

Seeding aspect is measured from 3 indicators, namely Nursery, Development of Demonstration Plots, and Development of Members' Yards. Seed Aspect Assessment can be seen in Table 3.

Table 3 – Nursery Indicator Scores

Question Items	TB	CB	B	Total Score	Average	Criteria
Seed garden						
Seed stock	67	2	31	164	1.64	Not successful
Water and growing medium	0	58	42	242	2,42	Succeed
Land ownership status	89	0	11	122	1.22	Not successful
Seed distribution	11	35	54	243	2.43	Succeed
Facilities and equipment	1	67	32	231	2,31	It just worked
Village nursery management	0	4	96	296	2.96	Succeed
Amount	168	166	266	1298	12.98	
Average					2,16	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

The seeding aspect in this study with the Nursery Garden indicator on average was included in the criteria of success in 3 question items, 1 was quite successful and 2 was not successful. Items one and three were in the criteria of not being successful, where most of the Women Farmers Group answered that the seed stock available in the nursery was less than 7,000 seedlings and the nursery was located on land belonging to someone else. The second indicator, namely Demonstration Development can be seen in Table 4.

Table 4 – Demonstration Development Indicator Scores

Question Items	TB	CB	B	Total Score	Average	Criteria
Demonstration Development						
Demonstration results	84	0	16	132	1.32	Not successful
A place to study and a pilot yard	0	77	23	223	2,23	It just worked
Demonstration area	0	19	81	281	2.81	Succeed
Meet consumption and market needs	0	84	16	216	2,16	It just worked
Demonstration management	1	15	84	283	2.83	Succeed
Monitoring and development of demonstration plots	9	43	48	239	2.39	Succeed
Amount	94	238	268	1374	13.74	
Average					2,29	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).



The seeding aspect in this study with the demonstration plot development indicator on average was included in the success criteria. The first question item is in the criteria of not being successful, where most of the Women Farmers Group answered that the results of the demonstration plots being sold were not enough to finance the development of the demonstration plots. The second and fourth question items were in the criteria of being quite successful where the Women Farmers Group answered that the demonstration plot was still functioning.

Table 5 – Scores of Members' Yard Development Indicators

Question Items	TB	CB	B	Total Score	Average	Criteria
Member Yard Development						
Plant availability	24	37	39	215	2,15	It just worked
Number of plants in the yard	56	21	23	167	1.67	Not successful
Economic benefits of plants	0	64	36	236	2.36	Succeed
Family consumption and income	0	85	15	215	2,15	It just worked
Post harvest handling	71	21	8	137	1.37	Not successful
Processed products	0	76	24	224	2,24	It just worked
Amount	151	304	145	1194	11.94	
Average					1.99	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

The seeding aspect in this study with the indicator of Member Yard Development on average was included in the criteria of being quite successful. In the first, fourth and sixth question items were in the criteria of being quite successful, where most of the Women Farmers Group answered that the plants had always been in the yard for more than 6 months which were used for family consumption and sometimes used as processed products. The second and fifth question items are in the criteria of not being successful; this is from the number of plants in the yard of less than 50 polybags. From the research, information was obtained that the results of the yard were only used as daily food consumption. Only a small number of them use the produce from their yards to produce processed products such as chips, spinach crackers and drinks.

The institutional aspect is measured from 3 indicators, namely the involvement of village officials, community leaders and local / private government support. Assessment of Institutional Aspects can be seen in Table 6.

Table 6 – Scores of Village Officials Involvement Indicators

Question Items	TB	CB	B	Total Score	Average	Criteria
Village Official Involvement						
Assist in the implementation of activities	4	58	38	234	2.34	Succeed
Do socialization	7	67	26	219	2,19	It just worked
Conduct training	12	73	15	203	2.03	It just worked
Decision-making	12	80	8	196	1.96	It just worked
Activity monitoring	42	52	6	164	1.64	Not successful
Solutions and troubleshooting	31	51	18	187	1.87	It just worked
Amount	108	381	111	1203	12.03	
Average					2.01	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

In this study, the institutional aspect with the indicator of Member Yard Development was on average included in the criteria of being quite successful in 4 question items, 1 was successful and 1 was unsuccessful with a total score of 2.01. The second, third, fourth and sixth question items are in the criteria of being quite successful. In this indicator, some Village Officials provide socialization and guidance as well as solutions in solving a problem. But they are rarely involved in decision making. The fifth question item is in the unsuccessful category, where village officials, although involved in socialization and coaching, are not active in supervising the development of activities.



Table 7 – Community Figures Indicator Score

Question Items	TB	CB	B	Total Score	Average	Criteria
Public figure						
Community known group	5	38	57	252	2.52	Succeed
The group is recognized	5	70	25	220	2,20	It just worked
Community Leader Involvement	6	35	59	253	2.53	Succeed
Role in the implementation of activities	20	64	16	196	1.96	It just worked
Socialization and coaching	62	31	7	145	1.45	Not successful
Decision-making	68	27	5	137	1.37	Not successful
Amount	166	265	169	1203	12.03	
Average					2.01	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

The institutional aspect in this study with Community Figures indicators on the first and third questions is included in the success criteria, where the Farmer Women's Group feels the need for the involvement of Community Figures so that the group becomes known by the community. The second and fourth question items are included in the quite successful criteria, where with this program community leaders have helped in carrying out activities so that the existence of the group can be recognized by the community. In the fifth and sixth question items, they are included in the unsuccessful category not involved in decision-making for the development of activities.

Table 8 – Scores of Local Government/Private Support Indicators

Question Items	TB	CB	B	Total Score	Average	Criteria
Local/Private Government Support						
Monitoring and evaluation	0	40	60	260	2.60	Succeed
Local Government/Private Assistance	7	67	26	219	2,19	It just worked
Award from Local Government	0	86	14	214	2,14	It just worked
Productive and non-productive business	10	75	15	205	2.05	It just worked
Guidance from related agencies	3	44	53	250	2.50	Succeed
Assistance from Private Parties/Institutions	22	66	12	190	1.90	It just worked
Amount	42	378	180	1338	13.38	
Average					2,23	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

In this study, the Institutional Aspect with indicators of Government/Private Support on 4 question items is included in the criteria of moderate success and 2 is included in the criteria of success. In the second, third, fourth and sixth question items, it shows that the Women Farmer Group in addition to the Sustainable Food Yard assistance (P2L) have also received awards and have received other assistance from the private sector. The first and fifth question items are included in the success criteria. This shows that apart from private assistance, Women Farmer Groups also often receive assistance from the Regional Government and Regional Government in the form of groceries, food processing equipment and through related agencies, often participate in coaching conducted by Field Agricultural Extension and from the Prabumulih City PKK Mobilization Team.

Aspects of Yard Management are measured from 3 indicators namely Sustainable Food Houses, Harvest Utilization, Group Administration Activities.

Table 9 – Indicator Scores for Sustainable Food Homes

Question Items	TB	CB	B	Total Score	Average	Criteria
Sustainable Food House						
Sustainable food house at the beginning of formation	11	89	0	189	1.89	It just worked
The development of RPL in the surrounding environment	33	59	8	175	1.75	It just worked
Types of plants planted	1	88	11	210	2,1	It just worked
Integration of crops - Livestock - Fish	68	4	28	160	1.60	Not successful
Source of seeds	14	40	46	232	2,32	It just worked
Adding the number of RPL	14	77	9	195	1.95	It just worked
Amount	141	357	102	1161	11.61	
Average					1.94	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).



In this study, the Aspect of Yard Management with Sustainable Food Home indicators on 5 question items was included in the criteria of being quite successful and 1 was included in the criteria of not being successful. The first, second, third, fifth and sixth question items are in the criteria of being quite successful, this show that the number of members of a sustainable food house from the start until now is still 10 to 30 members, where the number of members has not experienced growth, which should be expected members of sustainable food houses increased. The fourth question item is in the criteria of not being successful with a score of 1.60 where only a small proportion of Women Farmers carry out integrated planting.

Table 10 – Scores of Harvest Utilization Indicators

Question Items	TB	CB	B	Total Score	Average	Criteria
Harvest Utilization						
Own consumption - donated - sold	63	31	6	143	1.43	Not successful
Harvest processing	0	95	5	205	2.05	It just worked
Harvest achievement	17	61	22	205	2.05	It just worked
Harvesting implementation	0	97	3	203	2.03	It just worked
Processed products produced	0	80	20	220	2,2	It just worked
Utilization of members' crops	63	36	1	138	1.38	Not successful
Amount	143	400	57	1114	11,14	
Average					1.86	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

Harvest Utilization Indicators on 4 question items are included in the criteria of moderate success and 2 are included in the criteria of not being successful. The first and sixth question items are in the unsuccessful criteria, this indicates that the produce from the member's yard cannot supply the other members and is only sufficient for family consumption.

Table 11 – Scores of Group Administration Activity Indicators

Question Items	TB	CB	B	Total Score	Average	Criteria
Group Administration Activities						
Orderly group administration	0	23	77	277	2.77	Succeed
Regular member meeting	0	69	31	231	2,31	It just worked
Member fees	23	8	69	246	2.46	Succeed
Financial management	0	58	42	242	2,42	Succeed
Group administration training	27	43	30	203	2.03	It just worked
Food processing training	29	42	29	200	2.00	It just worked
Amount	79	243	278	1399	13.99	
Average					2,33	Succeed

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

Indicators of Group Administration Activities on 3 question items fall into the criteria of being quite successful where routine meetings, training in food administration and processing are rare. On the 2 question items included in the success criteria where group administrative activities are carried out in an orderly manner and the management's financial management is carried out openly.

Aspects of Member Participation measured by 3 indicators, namely Participation in Activity Planning, Participation in Activity Implementation and Participation in Utilization can be seen in Table 12.

The Participation Indicator in Activity Planning is on average included in the criteria of being quite successful with a total score of 1.93, where the group is quite active in preparing activity plans, budgets, outreach and meetings in making decisions for the progress of the group.

Aspects of Member Participation in this study with the indicator Participation in the Implementation of Activities on average are included in the criteria of being quite successful on 5 question items. This shows that group members are quite active in carrying out village



nursery management such as land preparation, seed sowing and planting, pest and plant disease control and maintenance, whereas the sixth question item is included in the successful category where the group is active in harvesting and marketing.

Table 12 – Participation Score in Activity Planning

Question Items	TB	CB	B	Total Score	Average	Criteria
Participation in Activity Planning						
Preparation of Group Activity Plans	31	33	36	205	2.05	It just worked
RKKA preparation	36	33	31	195	1.95	It just worked
Group outreach activities	39	26	35	196	1.96	It just worked
Group meeting activities	43	32	25	182	1.82	It just worked
Contribution of members' creative thoughts/ideas	41	31	28	187	1.87	It just worked
Decision-making	42	24	34	192	1.92	It just worked
Amount	232	179	189	1157	11.57	
Average					1.93	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

Table 13 – Participation Score in Activity Implementation

Question Items	TB	CB	B	Total Score	Average	Criteria
Participation in the Implementation of Activities						
Creating a Village Nursery	24	40	36	212	2,12	It just worked
Land processing	42	25	33	191	1.91	It just worked
Seeding seeds and planting	41	28	31	190	1,9	It just worked
Control of pests and plant diseases	42	26	32	190	1,9	It just worked
Plant maintenance	24	45	31	207	2.07	It just worked
Harvesting results	0	56	44	244	2.44	Succeed
Amount	173	220	207	1234	12.34	
Average					2.06	It just worked

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

Table 14 – Participation in Utilization Score

Question Items	TB	CB	B	Total Score	Average	Criteria
Participation in Utilization						
Family food security and independence	8	22	70	262	2.62	Succeed
Beauty/aesthetics	0	41	59	259	2.59	Succeed
Family education	0	39	61	261	2.61	Succeed
Spiritual satisfaction	0	57	43	243	2.43	Succeed
Utilization of equipment assistance	0	43	57	257	2.57	Succeed
Utilization of planting media assistance	0	40	60	260	2.60	Succeed
Amount	8	242	350	1542	15,42	
Average					2.57	Succeed

Note: Unsuccessful (TB), Sufficiently Successful (CB), Successful (B).

The indicator of Participation in Utilization is included in the success criteria. This shows that group members really benefit from the P2L Program both in terms of food security and family food self-sufficiency, beauty, family education, spiritual satisfaction as well as facilities and infrastructure for smooth activities. From the description above it can be concluded that the implementation of the Sustainable Food Yard Program (P2L) in Prabumulih City is included in the criteria of being quite successful.

Table 15 showed that the average household consumption expenditure of the five Women Farmer Groups in Prabumulih City before joining the Sustainable Food Yard Program was Rp.402. 239, - / month but after participating in the program the consumption expenditure for vegetables and livestock became Rp. 353,964,- / month. This shows that there is a savings in vegetable and livestock consumption expenditure of Rp. 48,274, - / month or 12.75%. Expenditures are reduced because most of the vegetables used for daily consumption come from the yard itself, but when compared to the savings in consumption expenditures for vegetables and livestock in other areas in Prabumulih City it is relatively small. This can be seen from research conducted by (Aji TS & Sholihah. M , 2013) that the



reduction in household consumption expenditure before participating in Sustainable Food Yard activities was an average of Rp. 650,000 - 700,000 / month / household and after participating in the Sustainable Food Yard activities the average expenditure is Rp. 500.000 - 600.000,- / month / household. This shows that there is a savings in household consumption expenditure of Rp. 50.000 – 100.000,- /month. Research conducted by (Atmadja, MYH et al, 2020) the role of housewives in participating in the Sustainable Food Home Area Program shows that besides being useful in meeting food needs it is also beneficial for saving costs/household consumption expenditures which range from Rp. 250,000,; - Rp. 500.000,- per family, whereas another study conducted by (N. Pranita, A. Putri, N. Aini et al, 2015) household consumption expenditure that can be saved is approximately Rp. 30,000,- / month.

Table 15 – Savings on Vegetable and Livestock Expenditure for Household Consumption of Women Farmer Groups in Prabumulih City

Farmer Women's Group	Vegetable and Livestock Consumption Expenditure of Household Members of Women Farmer Groups				Savings / month	
	Before participating in P2L/Year (Rp)	After participating in P2L/Year (Rp)	Before participating in P2L/Month (Rp)	After participating in P2L/Month (Rp)	Score	%
Angsana	4,633,753	4,072,089	386,146	339,341	46,805	12,12
Karya Lestari	4,544,815	3,887,901	378,735	323,992	54,743	14,45
Kemuning	4,699,527	4,077,211	391,627	339,768	51,860	13,24
Panggung Pinang	5,173,357	4,661,527	431,113	388,461	42,652	10,01
Swadaya	4,926,109	4,340,488	410,509	361,707	48,802	12,26
Average	4,827,867	4,247,574	402,239	353,964	48,274	12,75

These results were then carried out by a paired-sample t-test to see statistical differences in reducing household consumption expenditure. The results of the t-test can be seen in Table 16 below:

Table 16 – Paired Samples Test

Consumption expenditure before participating in P2L – Consumption expenditure after participating in P2L	Means	Std. Deviation	Std. Error Mean	Lower	Upper	Q	Df	Sig. (2-tailed)
	48,274	11.58	1.15	45.97	50,57	41,678	99	.000

The sig. (2-tailed) of 0.000 < 0.05, then H₀ is rejected and H₁ is accepted, meaning that there is a significant difference in food consumption expenditure for the Women Farmer Group before and after participating in the Sustainable Food Yard Program of 48,274 Thus the calculated t value is 41,678 > from t table 1.98422, where expenditure after participating in the Sustainable Food Yard Program is lower, because it is substituted by the results of the utilization of the yard.

To find out how the relationship between the Implementation of the Sustainable Food Yard Program (P2L) and household food consumption expenditures for the Women Farmer Group participating in the Sustainable Food Yard Program (P2L) in Prabumulih City was carried out using the Spearman Rank Test. The test results can be seen in Table 17.

Table 17 – Rank Spearman correlation test results

			Difference reduction	Implementation of activities
Spearman's rho	Difference reduction	Correlation Coefficient	1,000	.268**
		Sig. (2-tailed)	.	007
		N	100	100
	Implementation of activities	Correlation Coefficient	.268**	1,000
		Sig. (2-tailed)	007	.
		N	100	100



The results of the Correlations data output show that the sig. (2-tailed) of $0.07 \geq 0.05$, it can be said that H_0 is accepted and H_1 is rejected and it can be concluded that there is no significant relationship between the difference in reducing the cost of household food consumption expenditures for the Women Farmer Group participating in the P2L Program in Prabumulih City and the Program Implementation. And from the SPSS output, a correlation coefficient of 0.268 ^{** is obtained.}, which means that the strength of the correlation is quite strong. This is because the value of household food spending savings for members of the Women Farmer Group participating in the Sustainable Food Yard Program in Prabumulih City is not too large, namely only Rp. 48,274/month. This is because although the Women Farmers Group grows crops in their yard to meet household consumption needs, they have not been able to fulfill or substitute all daily food needs.

The continuous and sustainable availability of quality seeds/seedlings is one of the keys to the successful implementation of the Sustainable Food Yard Program in Prabumulih City. In practice, the management of the nursery and demonstration plots is carried out by the members of the Women Farmer Group in mutual cooperation, taking turns. The proceeds from the sale are included in the group treasury for the operational costs of daily activities, even though the sales proceeds are not sufficient for the maintenance costs of the demonstration plot and nursery.

The size of the family members affects the amount of household food consumption expenditure, an increase in the number of household members causes the household need for food to increase. Research from (Kiswati & Rahmawati A, 2015) states that every time there is an additional dependent member of a family it can result in higher living needs that must be met.

CONCLUSION

The conclusion of this research is that implementation of the Sustainable Food Yard Program in Prabumulih City is quite successful and there is a reduction in household food consumption expenditure for the Women Farmer Group participating in the Sustainable Food Yard Program. Expenditures decreased by Rp. 48,274, - / month because most of the vegetables used for daily consumption come from the yard itself, where consumption expenditure after participating in the Sustainable Food Yard Program is lower, because it is substituted by the results of using the yard. There is a fairly strong correlation/relationship between the implementation of the Sustainable Food Yard Program and the reduction in household food consumption expenses for the Women Farmer Group participating in the Sustainable Food Yard Program in Prabumulih City.

In order for the Sustainable Food Yard Program (P2L) in Prabumulih City to continue, the active role of members of the Women Farmer Group, community leaders, support from the Central and Regional Governments and related stakeholders is urgently needed as well as regular monitoring and evaluation for improvement and solving problems in the field.

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